

EBF TRAINER

PURPOSE

Deliver the best class experience in the industry while spreading the Fighting Spirit.

DESCRIPTION

EBF Trainers have outgoing personalities and are passionate about the power of community, fitness and the Fighting Spirit. They own a good work ethic, positive attitude and are great communicators. They're organized, energetic and looking to grow as a fitness professional.

We are more than the exercises we teach. We are the words we say. We are the time we spend. We are the inspiration for our members to find their fight and be inspired.

RESPONSIBILITIES

Quality and Consistency of Training

- Follow Workouts of the Week (WOWs)
- Consistently maintain or improve the quality of training in classes
- Show up prepared and on time for all classes and meetings
- Motivate members and fellow EBF teammates

Attire and Appearance of Club

- Always wear EBF gear to teach (all black bottoms if not EBF)
- Clean up before and after class

Communication

- Attend meetings when held
- Communicate with Management often. Never hold back thoughts, feelings or concerns. True fighters always voice their opinion. Address all member/fighter complaints and concerns.

Administrative

- Manage Private Training Sessions
- Manage attendance for classes

Growth and Development

- Take one (1) other class per week within the club

QUALIFICATIONS

Certifications

- Minimum: EBF Trainer Certification + CPR Certification
- Preferred: Group Fitness Instructor and/or Personal Training Certification

Commitment

- Teach at least 3 classes per week and spend 5 hours per week in the facility, outside of teaching

Experience

- Committed to every member/fighter experiencing fun, spirited, high-energy classes every single day